

MAMMOTH

TAKEAWAY MENU

Phone ahead:
(03) 9824 5239

TOASTIES

- JAFFLES** (ADD SPICED CHIPS W/ SAUCE +4.5)
- bolognese + cheddar cheese 13.5
 - house-made baked beans + cheddar cheese 13.5
 - roasted thyme mushrooms, spinach + goats cheese 12.5

- SANDWICHES** (ADD SPICED CHIPS W/ SAUCE +4.5)
- rasher bacon, fried egg + sriracha mayo 13.5
 - grilled chicken, avocado + herbed aioli 15
 - blt – rasher bacon, lettuce, tomato + relish 14
 - make your own (gfo) MP

DRINKS

- FRESHLY SQUEEZED JUICE** 8
- carrot / apple / orange
 - add ginger +1

- ANTIOXIDANT BERRY SMOOTHIE** 11
- raspberries, banana, dates, chia seeds, vanilla yoghurt and soy milk (gf, vo)

- PB&J SMOOTHIE** 11
- peanut butter, blueberries, banana, cacao nibs, honey and oat milk (gfo, vo, n)

- GREEN WARRIOR SMOOTHIE** 12
- spinach, kale, mint, banana, almonds, natural sweetener, vanilla protein powder and coconut milk (gf, v)

- MILKSHAKES** 8
- chocolate / vanilla / salted caramel



JOIN THE FAMILY:
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gf – gluten free
gfo – gluten free option
df – dairy free
dfo – dairy free option
vg – vegetarian
vgo – vegetarian option
v – vegan
vo – vegan option
n – contains nuts
na – no alterations

FOOD

- SUPERFOOD CHIA PUDDING** 15
- with coconut, agave, lime, toasted seeds and almonds topped with seasonal fresh fruit (gf, df, v, n)

- APPLE CINNAMON PORRIDGE** 16
- with cinnamon spiced apples, pecan crumble and vanilla yoghurt (dfo, vg, vo, n)

- BREKKIE BURGER** 15
- scrambled eggs, bacon, cheese, tomato chutney in a milk bun (vgo)

- BREAKFAST BURRITO** 18
- folded eggs, brown rice, baked beans, bacon, avocado, coriander, chipotle mayo (vgo)

- SAIGON RICE NOODLE SALAD** 20
- red capsicum, carrot, zucchini, red cabbage, mint, coriander, peanuts, vermicelli noodles with a sesame + ginger dressing on your choice of turmeric and lemongrass poached chicken breast or crispy tofu (gf, df, vg, optional: fermented chilli +0)

- POKÉ BOWL** 21
- smashed avocado, edamame, pickled ginger, black sesame seeds, carrot, sriracha kewpie mayonnaise and fermented chilli on brown rice with your choice of cured salmon, grilled chicken or crispy tofu (gf, vo, vg)
 - add poached egg +2.5

- ANGUS BEEF BURGER** 19.5
- lettuce, tomato, mixed pickles, sriracha kewpie mayonnaise with swiss cheese in a milk bun served with spiced chips and your choice of dipping sauce (gfo, dfo, veg option: +fried halloumi -chicken)
 - add bacon +2

- BUTTERMILK FRIED CHICKEN BURGER** 19.5
- cabbage and carrot slaw, mixed pickles, chipotle mayonnaise in a milk bun served with spiced chips and your choice of dipping sauce (veg option: +fried halloumi -chicken)
 - add bacon +2

- NOURISH SALAD** 18
- poached egg, spinach, kale, avocado, mushrooms, cherry tomatoes, roasted tamari seeds (gf, df, vg, vo)
 - add grilled chicken / bacon +4

- CALIFORNIA SALAD** 18
- kale, spinach, quinoa, corn, capsicum, cherry tomatoes, goji berries, broccolini, coriander, crispy chickpeas, goats cheese, almonds (gf, df, vg, vo, n)
 - add grilled chicken / crispy tofu +4

SMOOTHIES & MILKSHAKES

ANTIOXIDANT BERRY SMOOTHIE raspberries, banana, dates, chia seeds, yoghurt and soy milk (gf, na) add vanilla protein +2	11
PB&J SMOOTHIE peanut butter, blueberries, banana, cacao nibs, honey and oat milk (gfo, vo, n, na)	11
GREEN WARRIOR SMOOTHIE spinach, kale, mint, banana, almonds, natural sweetener, vanilla protein powder and coconut milk (gf, v, na)	12
MILKSHAKES chocolate / vanilla / salted caramel	9

JUICES & DRINKS

FRESHLY SQUEEZED CARROT / APPLE / ORANGE JUICE add ginger +1	8
COKE / DIET COKE / SPRITE	4
SPARKLING MINERAL WATER (500ML/1L)	4/7

COFFEE

SUNSET BLVD BLEND	4.2
BATCH BREW	4.5
COLD BREW FILTER	5
VIETNAMESE STYLE ICED COFFEE	6
HOT CHOCOLATE	4.5
ICED COFFEE / ICED CHOCOLATE	6.5
CHAI LATTE (SOY MILK)	5.5
TURMERIC LATTE (COCONUT MILK)	5.5
MATCHA LATTE (SOY MILK) decaf +.7 extra shot +.3 soy milk +.5 oat / coconut / lactose free / almond milk +1	5.5

TEA

ENGLISH BREAKFAST / EARL GREY / GREEN / PEPPERMINT / CHAMOMILE	4.8
BEATTY TEA: LEMON, GINGER, MINT AND HONEY	6.5
ICED TEA: LEMON, MINT, EARL GREY, ENGLISH BREAKFAST AND HONEY	6

BREAKFAST (ALL DAY)

TOAST cobb lane sourdough, multigrain or fruit loaf (+1.5) served with your choice of spreads (gfo +2)	8.5
FREE RANGE EGGS ON TOAST poached / fried / folded / soldiers on sourdough or multigrain (gfo +2) add fermented chilli +2	12.9
SUPERFOOD CHIA PUDDING with coconut, agave, lime, toasted seeds and almonds topped with seasonal fresh fruit (gf, df, v, n)	17
APPLE CRUMBLE PORRIDGE with cinnamon spiced apples, pecan crumble and yoghurt (dfo, vg, vo, n)	17
AVOCADO DUKKAH TOAST dukkah crumbed egg, smashed avocado, crispy chickpeas, cucumber, lemon labneh, fermented chilli, cherry tomatoes and coriander on sourdough toast (dfo, vg, vo)	22
CORN, FETA AND ZUCCHINI FRITTER topped with crispy kale, fried eggs, smoked sour cream and shaved parmesan (vg) add shredded bacon +4	21
EGGS BENEDICT pulled slow cooked ham hock, poached eggs, roasted apple hollandaise, pomegranate and fresh apple served on a potato rosti (gf, vgo: +mushrooms)	22
CHILLI SCRAMBLED EGGS with bacon, spring onion, shaved parmesan and fried shallots on sourdough toast (gfo +2, vgo: +mushrooms) add potato rosti +5	19.5
BREAKFAST BURRITO folded eggs, brown rice, baked beans, bacon, avocado, coriander, chipotle mayo (vgo: +mushrooms)	19.5
HOUSE BREAKFAST eggs your way, bacon, roast tomato, spinach, roast mushrooms and tomato relish with sourdough toast (gfo +2, vgo: +avocado, na) add freshly squeezed juice +6.5	25.5

ADD A SIDE

EXTRA EGG / ROASTED APPLE HOLLANDAISE / RELISH	3
MUSHROOMS / ROASTED TOMATO / SPINACH	4.5
AVOCADO / BACON / GOATS CHEESE	5.5
POTATO ROSTI / CRISPY TOFU / BAKED BEANS	5.5
FRIED HALLOUMI NUGGETS	7
SPICED CHIPS WITH SRIRACHA MAYONNAISE	9

LUNCH (ALL DAY)

SAIGON RICE NOODLE SALAD red capsicum, carrot, zucchini, red cabbage, mint, coriander, peanuts, vermicelli noodles with a sesame + ginger dressing on your choice of turmeric and lemongrass poached chicken breast or crispy tofu (gf, df, vg, optional: fermented chilli +0)	22
POKÉ BOWL avocado, edamame, pickled ginger, black sesame seeds, carrot, sriracha kewpie mayonnaise and fermented chilli on brown rice with your choice of cured salmon, grilled chicken, crispy tofu or mushrooms (gf, df, vo) add double protein +4.5 / add poached egg +2.5	23
NOURISH SALAD poached egg, spinach, kale, avocado, mushrooms, cherry tomatoes, roasted tamari seeds (gf, df, vg, vo) add grilled chicken / bacon +4	20
CALIFORNIA SALAD kale, spinach, quinoa, corn, capsicum, cherry tomatoes, goji berries, broccolini, coriander, crispy chickpeas, goats cheese, almonds (gf, df, vg, vo, n) add grilled chicken / crispy tofu +4	20
BURGERS	22
<u>ANGUS BEEF</u> lettuce, tomato, mixed pickles, sriracha kewpie mayonnaise with swiss cheese in a milk bun served with spiced chips and your choice of dipping sauce (gfo, dfo, vgo: +halloumi) add bacon / egg +2	
<u>BUTTERMILK FRIED CHICKEN</u> cabbage and carrot slaw, pickled veg, chipotle mayonnaise in a milk bun served with spiced chips and your choice of dipping sauce (gfo, vgo: +halloumi) add bacon +2	

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Please let us know of allergies or intolerances when ordering
15% surcharge applies on public holidays



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