

SMOOTHIES & MILKSHAKES

ANTIOXIDANT BERRY SMOOTHIE mixed berries, banana, dates, chia seeds, coconut yoghurt and soy milk (v)	11
PB&J SMOOTHIE peanut butter, blueberries, banana, cacao nibs, honey and oat milk (vo, n)	11
GREEN WARRIOR SMOOTHIE spinach, kale, mint, banana, almonds, natural sweetener, vanilla protein powder and coconut milk (v)	12

MILKSHAKE chocolate / vanilla bean / salted caramel	9
---	---

JUICES & DRINKS

FRESHLY SQUEEZED ORANGE / APPLE JUICE add ginger / carrot +1	8
KOMBUCHA (LEMON GINGER / CHERRY PLUM / APPLE CRISP)	6
COKE / DIET COKE / SPRITE	4
SAN PELLEGRINO SPARKLING MINERAL WATER (500ML)	5.5

COFFEE

ROOSEVELT HOUSE BLEND (WHITE)	4.2
SINGLE ORIGIN (BLACK)	4.2
BOTTOMLESS BATCH BREW	4.5
COLD BREW FILTER	5
HOT CHOCOLATE	4.5
ICED COFFEE / ICED CHOCOLATE	6.5
CHAI LATTE (BONSOY)	5.5
TURMERIC LATTE (COCONUT MILK)	5
MATCHA LATTE (BONSOY) decaf +.7 bonsoy / oat milk / coconut milk +.5 almond milk +1	5

TEA

ENGLISH BREAKFAST / EARL GREY / GREEN / PEPPERMINT / CHAMOMILE	4.8
HOUSEMADE LEMON GINGER AND HONEY	5

BREAKFAST (ALL DAY)

TOAST thick cut sourdough, multigrain or fruit loaf (+1.5) served with your choice of spreads (gf +2)	8.5
FREE RANGE EGGS ON TOAST poached / fried / folded on sourdough or multigrain (gf +2) add fermented chilli +2	12.9
SUPERFOOD CHIA PUDDING with coconut, agave, lime, toasted seeds and almonds topped with seasonal fresh fruit (gf, v, n)	17
APPLE CRUMBLE PORRIDGE with cinnamon spiced apples, pecan crumble and yoghurt (n, vg, vo)	16
AVOCADO DUKKAH TOAST dukkah crumbed egg, smashed avocado, crispy chickpeas, cucumber, lemon labneh, fermented chilli, cherry tomatoes and coriander on sourdough toast (vg, vo) add bacon +4.5	21
SAUERKRAUT TOASTIE smoked ham, sauerkraut, swiss cheese and mustard on sourdough (gfo, vgo, vo) add spiced shoestring fries +4.5	15
CORN, FETA AND ZUCCHINI FRITTER topped with crispy kale, fried eggs, smoked sour cream and shaved parmesan (vg) add smoked salmon +5.5	19
EGGS BENEDICT pulled slow cooked ham hock, poached eggs, roasted apple hollandaise, pomegranate and fresh apple served on a potato rosti (gf, vgo: +mushrooms)	22
CHILLI SCRAMBLED EGGS with bacon, spring onion, shaved parmesan and fried shallots on sourdough toast (vgo: +mushrooms, gfo) add potato rosti +5	19.5
BREAKFAST RAMEN thick cut bacon, chicken dashi broth, egg noodles, boiled egg, bean sprouts, coriander and mint add fermented chilli +2	23
LEMON AND BUTTERMILK HOTCAKES with whipped ricotta, balsamic walnuts and roasted strawberry compote (vg, n)	20

ADD A SIDE

EXTRA EGG / ROASTED APPLE HOLLANDAISE / SPINACH MUSHROOMS / ROASTED TOMATO	3
HALF AVOCADO / BACON / MEREDITH GOATS CHEESE	4.5
SPICED SHOESTRING FRIES / POTATO ROSTI	5.5
FRIED HALLOUMI NUGGETS / SMOKED SALMON	6
	7

LUNCH (ALL DAY)

WINTER SOUP ask our staff what we're serving this week served with your choice of thick cut sourdough or multigrain	16.5
THAI CHILLI CHICKEN green chilli minced chicken, fried egg, crispy red rice cake with a coriander, mint, shallot and bean sprout salad (gf, n)	22
POKÉ BOWL avocado, roasted nori, edamame, pickled ginger, black sesame seeds, seaweed salad, kewpie sriracha mayonnaise and fermented chilli on brown rice with your choice of cured salmon or poached chicken (gf, vgo: +mushrooms, vo) add poached egg +2.5	23
MUSHROOM POWER SALAD roast portobello mushrooms, meredith goats cheese, beetroot, pickled cauliflower, quinoa, mixed leaves and almonds with a basil vinaigrette (gf, vo, n)	21.5
GREEN CHICKEN SALAD poached chicken breast, broccoli, green beans, avocado, mixed leaves, toasted tamari seeds with a lemon honey dressing (gf, vo)	22
MAMMOTH BEEF BURGER angus beef patty, lettuce, tomato, mixed pickles, sriracha kewpie mayonnaise with swiss cheese in a milk bun served with spiced shoestring fries and tomato sauce (vgo: +halloumi) add bacon / egg +2	21
gf - gluten free gfo - gluten free option vg - vegetarian vgo - vegetarian option	v - vegan vo - vegan option n - contains nuts
Please let us know of any allergies or intolerances before ordering, we'll look after you 15% surcharge on public holidays	



/MAMMOTHARMADALE



@MAMMOTHARMADALE



DIGITAL MENU